

Sayyidunā Abdullah Ibn Abbas @ narrates that Nabi + said, "If anyone constantly seeks pardon (from Allah), Allah will appoint for him a way out of every distress and a relief from every anxiety, and will provide sustenance for him from where he expects not." [Abu Dawūd].

O son of Adam, so long as you call upon Me and ask of Me, I shall forgive you for what you have done, and I shall not mind. O son of Adam, were your sins to reach the clouds of the sky and were you then to ask forgiveness of Me, I would forgive you.

[Ḥadīth Qudsi]

رَبَّنَا إِنَّنَا آمَنَّا فَاغْفِرْ لَنَا ذُنُوبَنَا وَ قِنَا عَذَابَ النَّارِ

Rabbana Innanā Amana, Faghfir Lana, Dhunoobana Wa-Qinna 'Adhāban-Naar

(Our Rabb! We have indeed believed: forgive us, then, our sins, and save us from the agony of the Fire) - [surah Ali' Imran; 3:16]

سُبْحَانَ رَبَّنَا إِنَّا كُنَّا ظَالِمِينَ

Subhāna Rabbana Inna Kunna Dhalimeen

(Glory to our Rabb! Verily we have been doing wrong!) - [68:29]

لَا إِلَهَ إِلَّا أَنْتَ سُبْحَانَكَ إِنِّي كُنْتُ مِنَ الظَّالِمِينَ

La Illaha Illa Anta Subhanak, Inni Kuntu Min Adh-Dhalimeen

(There is no Rabb but You; Glory be to You, Truly I am one of the wrongdoers) - [Surah al-Ambiyah, 21: 87]

Sayyidinā Sā'd ibn Waqqās @ has reported that Nabi + said, "The supplication made by the Companion of the Fish (Nabi Yūnus in the belly of the fish was (the above). If any Muslim supplicates in these words, his supplication will be accepted." In another narration, "I know words that will cause Allah to remove one's distress. These are the words (of supplication) of my brother Yūnus. "[Tirmidhi]

اللَّهُمَّ إِنِّي أَسْأَلُكَ يَا اللَّهُ بِأَنَّكَ الْوَاحِدُ الْأَحَدُ الصَّمَدُ الَّذِي لَمْ يَلِدْ وَلَمْ يُولَدْ وَلَمْ يَكُنْ لَهُ
كُفُوًا أَحَدٌ، أَنْ تَغْفِرَ لِي ذُنُوبِي إِنَّكَ أَنْتَ الْغَفُورُ الرَّحِيمُ

*Allahumma Inni Asaluka Ya Allahu Bi Annakal Wahidul Ahadus-Samadul Ladhī, Lam Ya-Lid
Wa Lam Youlad, Wa Lam Yakullahu Kufuwan Ahad, An Taghfirali Dhunoobi Innaka Antal
Ghafūrur Raheem*

(O Allah! I ask You, O Allah, You are the One, the Only, Self Sufficient Master, who was not begotten and begets not and none is equal to Him. Forgive me my sins, surely you are Forgiving, Merciful.) - [Abu Dāwūd]

سُبْحَانَكَ اللَّهُمَّ وَبِحَمْدِكَ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ، أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ

Subhanakal-Lahumma Wa Bihamdik, Ash-Hadu Allaillaha Illa Ant, Astaghfiruka Wa'atoobu Ilaiyk

Glory be to You, O Allah, and all Praise, I testify that there is no deity but You, I seek Your Forgiveness and to You do I repent. [3 times]

Recommended for at the end of meetings, atoning for infractions during it. - [al-Nasa'i]

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ خَلَقْتَنِي وَأَنَا عَبْدُكَ وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ
أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبُوءُ لَكَ بِذُنُوبِي فَاعْفُرْ لِي فَإِنَّهُ لَا
يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

*Allahumma Anta Rabbi La Ilaha Illa Anta, Anta Khalaqtani Wa Ana Abduka, Wa Ana 'Ala
Ahdika Wa Wa'dika Mastata'tu, A'udhu Bika Min Sharri Ma Sana'tu, Abu'u Laka Bini'matika
'Alaiya, Wa Abu Laka Bidhanbi Faghfirli Innahu La Yaghfiru Adhdhunuba Illa Anta*

(O Allah! You are my Rabb! None has the right to be worshipped but You. You created me and I am Your slave, and I am faithful to my covenant and my promise as much as I can. I seek refuge with You from all the evil I have done. I acknowledge before You all the blessings You have bestowed upon me, and I confess to You all my sins. So I entreat You to forgive my sins, for nobody can forgive sins except You.)

Sayyidunā Shaddād ibn Aws @ relates that Nabi + said that the *Sayyid al-Istighfār* (most superior way of asking for forgiveness from Allah) is to say (the above Du'ā). If somebody recites it during the day with firm faith in it, and dies on the same day before the evening, he will be from the people of Paradise; and if somebody recites it at night with firm faith in it, and dies before the morning, he will be from the people of Paradise." [Ṣaḥīḥ al-Bukhari]

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ، غَفَّارُ الذُّنُوبِ ذُو الْجَلَالِ وَالْإِكْرَامِ،
وَ أَتُوبُ إِلَيْهِ مِنْ جَمِيعِ الْمَعَاصِي وَ الذُّنُوبِ وَ الْآثَامِ، وَ مِنْ كُلِّ ذَنْبٍ أَذْنَبْتُهُ عَمْدًا وَ
خَطَأً، ظَاهِرًا وَبَاطِنًا، قَوْلًا وَفِعْلًا، فِي جَمِيعِ حَرَكَاتِي وَسَكَاتِي وَخَطَرَائِي وَأَنْفَاسِي كُلِّهَا دَائِمًا
أَبَدًا سَرْمَدًا، مِنَ الذَّنْبِ الَّذِي أَعْلَمُ، وَ مِنَ الذَّنْبِ الَّذِي لَا أَعْلَمُ، عَدَدَ مَا أَحَاطَ بِهِ الْعِلْمُ
وَ أَحْصَاهُ الْكِتَابُ وَ خَطَّهُ الْقَلَمُ، وَ عَدَدَ مَا أَوْ جَدَّتْهُ الْقُدْرَةُ وَ خَصَصَتْهُ الْإِرَادَةُ، وَمَدَادَ
كَلِمَاتِ اللَّهِ، وَ كَمَا يَنْبَغِي لَجَلَالِ وَجْهِ رَبِّنَا وَ جَمَالِهِ وَ كَمَالِهِ، وَ كَمَا يُحِبُّ رَبَّنَا وَ يَرْضَى

اللَّهُمَّ إِنِّي أَسْتَغْفِرُكَ لِكُلِّ ذَنْبٍ لِي وَأَسْأَلُكَ أَنْ تَغْفِرَ لِي مَا أَحْصَيْتَ عَلَيَّ مِنْ مَظَالِمِ الْعِبَادِ
قَبْلِي فَإِنَّ لِعِبَادِكَ عَلَيَّ حُقُوقًا وَمَظَالِمَ وَأَنَا بِهَا مُرْتَهِنٌ لِلَّهِمْ وَإِنْ كَانَتْ كَثِيرَةً فَإِنَّهَا فِي جَنْبِ
عَفْوِكَ يَسِيرَةٌ اللَّهُمَّ أَيُّمَا عَبْدٍ مِنْ عِبَادِكَ أَوْ أَمَةٍ مِنْ إِمَائِكَ كَانَتْ لَهُ مَظْلَمَةٌ عِنْدِي قَدْ
غَصَبْتُهُ عَلَيْهَا فِي أَرْضِهَا أَوْ مَالِهَا أَوْ عَرَضِهَا أَوْ بَدَنِهَا أَوْ غَابَ أَوْ حَضَرَ هُوَ أَوْ خَصَمُهُ
يُطَالِبُنِي بِهَا وَلَمْ أَسْتَطِعْ أَنْ أَرُدَّهَا إِلَيْهِ وَلَمْ أَسْتَخْلِلْهَا مِنْهُ فَأَسْأَلُكَ بِكَرَمِكَ وَجُودِكَ وَسِعَةِ مَا
عِنْدَكَ أَنْ تُرْضِيَهُمْ عَنِّي وَلَا تَجْعَلَ لَهُمْ عَلَيَّ شَيْئًا مُنْقِصَةً مِنْ حَسَنَاتِي فَإِنَّ عِنْدَكَ مَا
يُرْضِيهِمْ عَنِّي وَلَيْسَ عِنْدِي مَا يُرْضِيهِمْ وَلَا تَجْعَلَ يَوْمَ الْقِيَامَةِ لِسَيِّئَاتِهِمْ عَلَيَّ حَسَنَاتِي
سَبِيلًا.

(O Allah, I seek Your forgiveness for all my sins. I ask You to forgive me for all my wrongdoings against people that You have recorded, for there are many rights and dues owed to Your servants that I am burdened with and for which I am accountable. O Allah, even if these (wrongdoings) are many they are insignificant in comparison with the magnitude of Your forgiveness.

O Allah, any male or female servant of Yours who has rights upon me, in either that I have unjustly taken from him in regards to his land, possession, honor, body; whether he was absent or present; or he or his representatives demanded it from me and neither was I able to return it to him nor did I seek release of it from him. So I ask You through Your benevolence, generosity, and abundance of what You possess that You satisfy them on my behalf, and not give them a position over me that will decrease my good deeds; for You

possess what You can satisfy them with on my behalf and I do not possess what to satisfy them with; and do not allow for their bad deeds to find a path over my good deeds on the Day of Judgment.)